



## Click & Collect Menu

### Starters

**J. FRANKS CHICKEN WINGS** **€9.50**  
Crispy Irish chicken wings, coated in Franks hot sauce, Cashel blue cheese dip & fresh cut celery.  
(Contains Allergens No. 7,8,9,11,12)

**JAPANESE GLAZED PORK BELLY** **€9.50**  
Apple ketchup, mango and passion fruit salsa  
(Contains Allergens No. 6 wheat,8,9,10,12)

### Mains

**CHICKEN CAESAR SALAD** **€13.00**  
**Main course** **€15.50**  
Free range Irish chicken, Grana Padano shavings and cured smoked bacon, crouton and dressed baby gem  
(Contains Allergens No.6 wheat 7,8,9,11)

**THE TOWER BEEF BURGER** **€16.50**  
Grilled 8oz's of Irish Angus Beef topped with beef tomato, sliced red onion and crisp gem leaf and American style dressing. Served with a seasoned curved chip  
(Contains Allergens No. 6 wheat, 7, 8,9, 11, 13)  
**Add Smoked Streaky Bacon** **€17.50**

**FRESH FISH AND CHIPS** **€17.50**  
Fresh Haddock in a lemon and lime Panko breadcrumb, homemade tartar sauce and minted peas  
(Contains Allergens No. 3 haddock, 6 wheat, 7,8,9,11)

**AUTHENTIC INDIAN CHICKEN /VEGETARIAN KORMA**  
**€16.95**  
Lightly spiced almond & coconut sauce, served with toasted onion & coriander rice and a garlic infused poppadom  
(Contains Allergens No. 5 almond, 6 wheat, 8,9,13)

\*\*\* Above Menu is available 11.00am-10.00pm /Mon-Sun; between 10.00 pm & 7.00 am, only Pizza, Fries and Cheesecake Dessert can be ordered

Allergen Index:

1 & 2 Shellfish (Crustaceans & Molluscs); 3 Fish; 4 Peanuts; 5 Nuts; 6 Cereal containing gluten; 7 Milk/milk products; 8 Soya; 9 Sulphur Dioxide; 10 Sesame seeds; 11 Egg; 12 Celery and Celeriac; 13 Mustard; 14 Lupin



## Pizza

### **THE BEE'S KNEES €14.50**

Tomato sauce, mozzarella, Serrano ham, goat's cheese, red onion, rocket leaf, honey and basil  
(Contains Allergens No. 6 wheat, 7,8,9,12)

### **MEAT ME IN CARDIFF LANE €15.50**

Tomato sauce, mozzarella, pepperoni, chorizo, roasted peppers  
(Contains Allergens No. 6 wheat, 7,8,9,12)

### **CLASSIC MARGHERITA €13.50**

Tomato sauce, mozzarella, finished with fresh picked basil  
(Contains Allergens No. 6 wheat, 7,11)

### **VEGAN BE HEROES (V) €14.95**

Tomato sauce, spinach, roasted garlic, pepper puree, black olive tapenade, crispy onion  
(Contains Allergens No. 6 wheat, 7,8,9,12)

## Desserts

### **OOPS! I DROPPED YOUR ICE CREAM**

**€6.25**

Selection of Glenown farm dairy ice creams, berry coulis, whipped cream  
(Contains Allergens: 6 wheat,7,8,9)

### **WHITE CHOCOLATE AND STRAWBERRY CHEESECAKE WITH RED VELVET**

**€6.25**

(Contains Allergens: 6 wheat,7,8,9,11)

### **CHOCOLATE BROWNIE WITH CRAZY CHOCOLATE**

**€6.25**

(Contains Allergen no. 6 wheat,7,9,11)

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