



Vertigo Bar Menu

Today's Fresh Soup	€5.50
Please ask for today's choice, served with freshly baked bread <i>(Contains Allergen 6 wheat, 7, 8, 9, 12)</i>	
Filled Wraps	€6.50
- Tuna, Mixed Leaves & Red Onion <i>(Contains Allergen 3 fish, 6 wheat, 11, 13)</i>	
- Chicken Caesar Salad <i>(Contains Allergen 2 oyster, 3 anchovy, 6 wheat, 11, 13)</i>	
- Cheddar Cheese, Plum Tomato & Red Onion Marmalade <i>(Contains Allergen 6 wheat, 7, 11)</i>	
Panini Selection	€7.95
- Chicken, Onion, Crispy Bacon & Cheddar Cheese <i>(Contains Allergen 6 wheat, 7, 12)</i>	
- Salami, Roast Red Pepper & Goat's Cheese <i>(Contains Allergen 6 wheat, 7)</i>	
- Buffalo Mozzarella, Plum Tomato & Basil Pesto <i>(Contains Allergen 5 pine kernel & walnut, 6 wheat, 7)</i>	
Big Bowl Caesar Salad	€10.95
Crisp Cos Lettuce, Parmesan Shavings, Garlic Croutons, Bacon Lardons, Classic Caesar dressing <i>(Contains Allergen 3 anchovy, 6 wheat, 7, 11, 13)</i>	
With Grilled Chicken <i>(Contains Allergen 3 anchovy, 6 wheat, 11, 12, 13)</i>	
Crispy Crushed Filo Prawns	€9.50
House Salad, Sweet Chilli Lime Dressing <i>(Contains Allergen 1 shrimp, 6 barley, 9, 13)</i>	
Mexican Style Chicken & Avocado Stack	€12.95
Spiced Grilled Chicken, Rustic Seeded Pave, Guacamole, Tomato, Baby Gem, Chunky Chips <i>(Contains Allergen 6 wheat, 9, 10, 11, 12, 13)</i>	

Irish Angus Beef Burger €13.95

8oz Beef Burger, Rustic Seeded Pave, Tomato, Baby Gem,
Matured Cheddar Cheese, Homemade Burger Sauce, Chunky Chips
(Contains Allergen 6 wheat, 7, 9, 10, 11, 12, 13)

Baked Fillet of Atlantic Salmon €13.50

Stir Fry Noodles, Coriander Infused Oil
(Contains Allergen 3 fish, 6 wheat, 8, 10, 11, 12)

Thai Yellow Chicken Curry €15.50

Fragrant Jasmine Rice
(Contains Allergen 2 oyster, 3 anchovy, 8, 12)

Bangers & Mash €13.50

Pork and Leek Sausage, Champ Potato, Thyme Jus
(Contains Allergen 6 rusk & wheat, 7, 8, 9, 12, 13)

Tortellini Pasta €11.95

Spinach & Ricotta Tortellini Pasta with a Red Pepper Cream,
Parmesan Cheese
(Contains Allergen wheat, 7, 8, 11, 14)

****12" Stone Baked Margarita Pizza **** €9.50

(Contains Allergen 6 wheat, 7)

Additional Toppings €0.90

Pepperoni, Ham, Pineapple, Sweet Corn, Peppers, Mushrooms,
Black Olives, Red Onion, Capers, Cajun Chicken *(Contains Allergen 12)*

Dessert Selection €5.95

Chocolate Brownie

(Contains Allergen 5 walnut, 6 wheat, 7, 11)

New York Cheesecake

(Contains Allergen 6 wheat, 7, 11)

Apple Tart

(Contains Allergen 6 wheat, 7, 11)

Allergen Index

No1 &2 Shellfish (type e.g. prawns or mussels)

No3 Fish

No4 Peanuts

No5 Nuts (specify nut)

No6 Cereal containing gluten (need to state what type e.g. gluten)

No7	Milk/milk products
No8	Soya
No9	Sulphur Dioxide
No10	Sesame seeds
No11	Egg
No12	Celery and Celeriac
No13	Mustard
No14	Lupin