**All Day Menu**

**To Start**

**HOMEMADE SOUP OF THE DAY €6.25**

Served with Soda bread

(Check allergens with your server)

**J. FRANKS CHICKEN WINGS €9.50**

Crispy Irish chicken wings, coated in Franks hot sauce, Cashel blue cheese dip & fresh cut celery

(Contains Allergens No. 7,8,9,11,12)

**CHICKEN CAESAR SALAD €13.00**

**Main course €15.50**

Free range Irish chicken, Grana Padano shavings and cured smoked bacon, crouton and dressed baby gem

(Contains Allergens No.6 wheat 7,8,9,11)

**IRISH SMOKED SALMON €13.00**

Celeriac slaw, red onion and caper salsa

(Contains Allergens No.3 salmon 7,9,12)

**Mains**

**THE TOWER BEEF BURGER €16.50**

Grilled 8oz’s of Irish Angus Beef, topped with cheddar cheese, beef tomato, sliced red onion and crisp gem leaf and American style dressing. Served with skinny fries

(Contains Allergens No. 6 wheat, 7, 8,9, 11, 13)

**Add Smoked Streaky Bacon €17.50**

**FRESH FISH AND CHIPS €17.50**

Fresh Haddock in a lemon and lime Panko breadcrumb, homemade tartar sauce and minted peas

(Contains Allergens No. 3 haddock, 6 wheat, 7,8,9,11)

**PAN-FRIED CHICKEN SUPREME €17.95**

Served with mashed potatoes, seasonal greens, red wine jus

(Contains Allergens No. 7,9,11,12)

**GRILLED SIRLOIN STEAK €23.00**

Served with mixed leaves, chips and peppercorn sauce

(Contains Allergens No. 7,9)

**VEGETABLE KORMA €16.95** Lightly spiced almond & coconut Curry with Cauliflower, sweet potato, butternut squash & Pak choi. Served with Basmati rice and poppadom

(Contains Allergens No. 5 almond, 6 wheat, 8,9,13)

**Pizza**

**CLASSIC PEPPERONI €15.50**

Tomato sauce, mozzarella, pepperoni, roasted peppers

(Contains Allergens No. 6 wheat, 7,8,9,12)

**CLASSIC MARGHERITA €13.50**

Tomato sauce, mozzarella & fresh basil

(Contains Allergens No. 6 wheat, 7,11)

**PIZZA VEGETARIANA (V) €14.95**

Tomato sauce, mozzarella, spinach, roasted pepper & black olives

(Contains Allergens No. 6 wheat, 7,8,9,12)

**Desserts**

**OOPS! I DROPPED YOUR ICE CREAM €6.25**

Selection of Glenown farm dairy ice creams, berry coulis, whipped cream

(Contains Allergens No. 6 wheat,7,8,9)

**WHITE CHOCOLATE & STRAWBERRY CHEESECAKE €6.25**

**WITH RED VELVET**

 (Contains Allergens No. 6 wheat,7,8,9,11)

**CHOCOLATE BROWNIE WITH CRAZY CHOCOLATE €6.25**

(Contains Allergens No. 6 wheat,7,9,11)



**ALLERGEN INDEX**

1.Crustaceans 6. Cereals containing gluten 11. Eggs

2.Molluscs 7. Milk/milk products 12. Celery & Celeriac

3.Fish 8. Soya 13. Mustard

4.Peanuts 9. Sulphur dioxide 14. Lupins

5. Nuts 10. Sesame