

ALL DAY MENU

STARTERS

Home Made Soup Of The Day €6.25
Served with soda bread
Contains Allergens: Please Ask Your Server

J. Frank's Chicken Wings €9.50
Crispy Irish chicken wings, coated in Frank's hot sauce, Cashel blue cheese dip & fresh cut celery.
Contains Allergens: 7, 8, 9, 11, 12

Chicken Caesar Salad €13.00
Free range Irish chicken, Grana Padano shavings and cured smoked bacon, croutons and dressed baby gem
Contains Allergens: 6 Wheat 7, 8, 9, 11

Main course €15.50

Irish Smoked Salmon €13.00
Celeriac slaw, red onion and caper salsa
Contains Allergens: 3 Salmon 7, 9, 12

PIZZA

Classic Pepperoni €15.50
Tomato sauce, mozzarella, pepperoni, roasted peppers
Contains Allergens: 6 Wheat, 7, 8, 9, 12

Classic Margherita €13.50
Tomato sauce, mozzarella & fresh basil
Contains Allergens: 6 Wheat, 7, 11

Pizza Vegetariana (V) €14.95
Tomato sauce, mozzarella, spinach, roasted pepper & black olives
Contains Allergens: 6 Wheat, 7, 8, 9, 12

MAINS

The Tower Beef Burger €16.50
Grilled 8oz's of Irish Angus beef, topped with cheddar cheese, beef tomato, sliced red onion and crisp gem leaf and American style dressing. Served with skinny fries
Contains Allergens: 6 Wheat, 7, 8, 9, 11, 13

Add smoked streaky bacon €17.50

Fresh Fish And Chips €17.50
Fresh haddock in a lemon and lime panko breadcrumb, homemade tartar sauce and minted peas
Contains Allergens: 3 Haddock, 6 Wheat, 7, 8, 9, 11

Pan-Fried Chicken Supreme €17.95
Served with gratin dauphinois, seasonal greens, red wine jus
Contains Allergens: 7, 9, 11, 12

Grilled Sirloin Steak €23.00
Served with mixed leaves, chips and peppercorn sauce
Contains Allergens: 7, 9

Vegetable Korma €16.95
Lightly spiced almond & coconut curry with cauliflower, sweet potato, butternut squash & pak choi. Served with basmati rice and poppadom
Contains Allergens: 5 Almond, 6 Wheat, 8, 9, 13

DESSERTS

Oops! I Dropped Your Ice Cream €6.25
Selection of glenown farm dairy ice creams, berry coulis, whipped cream
Contains Allergens: 6 Wheat, 7, 8, 9

White Chocolate And Strawberry Cheesecake With Red Velvet €6.25
Contains Allergens: 6 Wheat, 7, 8, 9, 11

Chocolate Brownie With Crazy Chocolate €6.25
Contains Allergens: 6 Wheat, 7, 9, 11

ALLERGEN INDEX

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|----------------|-----------------------|-----------------------|
| 1. Crustaceans | containing gluten | 11. Eggs |
| 2. Molluscs | 7. Milk/milk products | 12. Celery & celeriac |
| 3. Fish | 8. Soya | 13. Mustard |
| 4. Peanuts | 9. Sulphur dioxide | 14. Lupins |
| 5. Nuts | 10. Sesame seeds | |
| 6. Cereals | | |